

Our all age Picnic in God's creation 13/14<sup>th</sup> June 2020

For the last few years the East church has held a picnic in June at Aboyne. This year is rather different so we are holding a stay at home picnic where with lots of activities for you to choose from. There are opportunities for you to research and discover more about marine life and nature and also opportunities for you to spend some quality time away from your screens taking part in other activities as well as eating.

Have a look at the suggestions below and choose what you would like to do and then at the end of the day send a few photographs or videos to Sarah at [banchoryeastchurch@gmail.com](mailto:banchoryeastchurch@gmail.com) who will prepare a presentation to share on our facebook pages. There are ideas here for everyone. I discovered two favourite, the video in the shallows looking at different types of seaweed, sea urchins, and starfish and out and about looking at liverwort habitats. Norma has included her favourite action video- highlights from the Scottish cup final 2014, but also recommends the story of Carla's sandwich and having a go at making a unique sandwich to eat in your den during the picnic.

Go on have look find your favourite. There's plenty to choose from not just for today but for the whole week.

<b>Whale and dolphin watch</b>	<p>Sometimes on the beach you can spot dolphins in the bay. If you want to learn more watch the video links and take part in the Whale and Dolphin quiz</p> <p><a href="https://www.youtube.com/watch?v=iQraIWP0upl&amp;t=6s">https://www.youtube.com/watch?v=iQraIWP0upl&amp;t=6s</a> dolphins on my doorstep April 2020</p> <p><a href="#">Beluga whale sanctuary - preparing for the flight to Iceland</a></p> <p>You might like to watch these dolphins too <a href="https://www.youtube.com/watch?v=bJcTWr8-mFo&amp;feature=youtu.be">https://www.youtube.com/watch?v=bJcTWr8-mFo&amp;feature=youtu.be</a></p> <p>The return of humpbacks <a href="https://youtu.be/AmIpFWfjS2I">https://youtu.be/AmIpFWfjS2I</a></p>
<b>Find out more about your favourite animal or place in the world.</b>	<p>Go to National Geographic kids - there are so many things to explore. <a href="https://www.natgeokids.com/uk/">https://www.natgeokids.com/uk/</a></p> <p>Do you want to know about the rainforest? <a href="https://www.natgeokids.com/uk/home-is-good/save-the-rainforest/">https://www.natgeokids.com/uk/home-is-good/save-the-rainforest/</a></p> <p>Learn more about leopards <a href="https://www.natgeokids.com/uk/discover/animals/general-animals/leopard-facts/">https://www.natgeokids.com/uk/discover/animals/general-animals/leopard-facts/</a></p> <p>Facts about pandas</p>

	<p><a href="https://www.natgeokids.com/uk/discover/animals/general-animals/ten-panda-facts/">https://www.natgeokids.com/uk/discover/animals/general-animals/ten-panda-facts/</a></p> <p>Explore and investigate the website and see what you can find</p>
<p><b>Explore the oceans.</b></p> <p><b>We all know the dangers of plastic in the oceans. Perhaps today you would like to start creating eco bricks to use unwanted plastic in different ways and prevent it getting into the ocean.</b></p>	<p>Perhaps you would like to learn more about the oceans of the world. Go to <a href="https://www.MrsJ.com/ocean-facts-for-kids.html">https://www.Mrs J.com/ocean-facts-for-kids.html</a></p> <p>You might like to watch the sea creatures here <a href="https://www.youtube.com/watch?v=tSzqojYlAyl">https://www.youtube.com/watch?v=tSzqojYlAyl</a></p> <p>Or here Ocean creatures <a href="https://www.youtube.com/watch?v=JOJkvhSpBiQ">https://www.youtube.com/watch?v=JOJkvhSpBiQ</a></p> <p>or join ??? on his hour long float in a big tidepool that reveals a world of tiny wonders. <a href="https://www.youtube.com/watch?v=F2LRC7mMres">https://www.youtube.com/watch?v=F2LRC7mMres</a></p> <p>For more information to go <a href="https://www.ecobricks.org/">https://www.ecobricks.org/</a></p> <p>Or go straight to <a href="https://www.ecobricks.org/how/">https://www.ecobricks.org/how/</a> To find out how to make the bricks</p>
<p><b>Animals and plants closer to home.</b></p>	<p>Check out <a href="https://www.nature.scot/plants-animals-and-fungi">https://www.nature.scot/plants-animals-and-fungi</a> to find out more about Scottish wildlife</p>
<p><b>Having thought about these animals and plants perhaps you would like to head outdoors and be creative.</b></p>	<p>Try making a bug hotel <a href="#">How to make a bug hotel</a></p> <p>How to make an ocean in a bottle - 3J you will have the blue food colouring for this already <a href="#">How to make an ocean in a bottle   Sponsored by Persil   Nat Geo Kids</a></p>
<p><b>Perhaps you would like to take time to listen to the bird song today?</b></p>	<p>RSPB link <a href="https://www.rspb.org.uk/birds-and-wildlife/bird-songs/what-bird-is-that/">https://www.rspb.org.uk/birds-and-wildlife/bird-songs/what-bird-is-that/</a></p> <p>Perhaps you would like to spend time drawing what you can see.</p>

<p><b>How about making some environmental art?</b></p>	<p>You could do this outdoors or inside using different objects  <a href="https://images.app.goo.gl/U3yXkhM1me4yea4H9">https://images.app.goo.gl/U3yXkhM1me4yea4H9</a></p> <p>Indoors you could use pencils and other stationery, books, shoes - so many things - have a go and be creative.</p>
<p><b>You could enter our running race</b></p> <p><b>Or join in our game of virtual catch.</b></p>	<p>Mark out 10 paces and ask someone to time you as you run the distance 10 times. Send your results to us by e-mail to sarah - <a href="mailto:banchoryeastchurch@gmail.com">banchoryeastchurch@gmail.com</a> And she will work out the winner.</p> <p>Watch our example video- <a href="https://youtu.be/zEesTALj5gE">https://youtu.be/zEesTALj5gE</a> then make your own short video and share it with Sarah through facebook, <a href="mailto:info@banchoryeastchurch.com">info@banchoryeastchurch.com</a> google drive, We transfer or the east church dropbox.</p>
<p><b>Or maybe you like sport. Norma suggests you watch her favourite football video on youtube.</b></p>	<p>Highlights of the Scottish cup final 2014</p> <p><a href="https://youtu.be/Nseo86l4GLY">https://youtu.be/Nseo86l4GLY</a></p>
<p><b>After all that activity perhaps you would like to rest, relax and listen to a story.</b></p>	<p>Why don't you listen to one of these stories?  <a href="https://www.storylineonline.net/books/clark-the-shark/">https://www.storylineonline.net/books/clark-the-shark/</a></p> <p><a href="https://www.storylineonline.net/books/wilfrid-gordon-mcdonald-partridge/">https://www.storylineonline.net/books/wilfrid-gordon-mcdonald-partridge/</a></p> <p><a href="https://www.youtube.com/watch?v=6E67n1vZZjQ&amp;feature=emb_rel_end">https://www.youtube.com/watch?v=6E67n1vZZjQ&amp;feature=emb_rel_end</a></p> <p>Or spend time reading your own book. Perhaps build a book den or find that cosy place to read.</p>

<p><b>Safety at sea.</b></p>	<p>Often on holidays or days out we are close to the sea and perhaps today you would like to find out more about how people train to join the Royal National Lifeboat Institution. Watch the video and perhaps take part in the quiz too.</p> <p><a href="https://www.youtube.com/watch?v=mYvxCVYrr0I">https://www.youtube.com/watch?v=mYvxCVYrr0I</a></p> <p><a href="https://www.youtube.com/watch?v=mYvxCVYrr0I">https://www.youtube.com/watch?v=mYvxCVYrr0I</a></p>
<p><b>A visit to the museum.</b></p>	<p>Perhaps you would like to visit the museum today.</p> <p>Go to <a href="https://www.nms.ac.uk/museum-at-home/families/">https://www.nms.ac.uk/museum-at-home/families/</a> and enjoy exploring or even recreating your favourite museum objects and places using the LEGO® or DUPLO® you have at home! Design a minifigure 'hide and seek' trail, find out how to build a mini Concorde, or bring your favourite museum object or display to life.</p>
<p><b>Go outside and test out the wind speed.</b></p>	<p>Make yourself a paper pinwheel and then take it outside and see how fast it spins in the wind</p> <p>How do you make a pinwheel:</p> <p><a href="https://www.youtube.com/watch?v=C0Rugzrpgv8">https://www.youtube.com/watch?v=C0Rugzrpgv8</a></p>
<p><b>Check out other ideas from outdoor classroom day.</b></p> <p><a href="https://outdoorclassroomday.org.uk/resource/indoor-nature-playful-ideas/">https://outdoorclassroomday.org.uk/resource/indoor-nature-playful-ideas/</a></p>	<ol style="list-style-type: none"> <li>1. Open your window and listen to the sounds of nature.</li> <li>2. Spot clouds and keep a journal of all the things you see in them.</li> <li>3. Make a nature scrapbook – things you can hear, see, feel.</li> </ol>
<p><b>How about a scavenger hunt? Go into your garden, or around your house and see if you can complete the two suggested hunts.</b></p>	<p>Think about the colours of the rainbow- red, orange, yellow, green, blue, indigo and violet. Can you find one item for each of these colours?</p> <p>Or can you find something beginning with each letter of banchory east church?</p>
<p><b>On our beach clean day we usually have a packed lunch.</b></p>	<p>Perhaps today you could relax listening to a story called Carla's sandwich</p> <p><a href="https://www.storylineonline.net/books/carlas-sandwich/">https://www.storylineonline.net/books/carlas-sandwich/</a></p> <p>and then help make your picnic to eat in a den you have made.</p>

	<p>If you have time and the ingredients perhaps you would like to try to make one of these</p> <p><a href="https://www.natgeokids.com/uk/kids-club/entertainment/general-entertainment/fruit-animals-snacks/">https://www.natgeokids.com/uk/kids-club/entertainment/general-entertainment/fruit-animals-snacks/</a></p>
<p><b>Usually take we collect the rubbish from our picnic and dispose of it carefully. Perhaps today you could tidy at home today.</b></p>	<p>Do you have a bookcase, toy box, drawer or shelf that needs tidying? Or maybe your garden toys or equipment needs to be tidied. Today instead of tidying the beach perhaps you could tidy one of these places. Take a before and after photo so we can see how successful your tidy has been.</p>